

## Where Curriculum Meets Practice



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by **Jim Hunter**

The BCIT Nursing Program has a many-year history of producing job-ready nursing graduates for the Province. The Program is in a period of significant curriculum redesign and the faculty are excited about our new curriculum that consists of a spiraled, competency-based model that will have three annual intakes of 64 students each, beginning in April 2018! The program will be delivered year-round and employs conceptual learning, learning technologies and active learning strategies, including both simulated and clinical practice experiences.

*Continued page 2*

### Legacy Booklet Project Well Under Way

by **Heather Mass**

The Board has approved a budget to develop a Legacy Book outlining what RNFBC does in support of nurses and nursing education in time for the 40th Anniversary of the creation of the Foundation to be celebrated in the fall...

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### 2nd Annual RNFBC Nurses Appreciation Brunch

Building on last year's focus on appreciation of past, present and future nurses, the brunch on Sunday, May 27 will acknowledge the role of BC Nursing Schools and educators in advancing nursing excellence through education! Our special presenter will connect curriculum and practice while guests enjoy a delicious brunch by Culinary Capers. Following brunch, guests can tour the beautiful gardens.

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## 4 FEATURE STORY

Select stories of 2017  
**BURSARY RECIPIENTS** *on page 4*

## Where Curriculum Meets Practice continued

Conceptual learning has been shown to improve time efficiencies, focusing on activities that result in new learning, and increasing time spent on higher order thinking. Concept-based learning seeks to extend theoretical knowledge and exemplify concepts throughout nursing practice. Our program is moving from an acute-care focus to one that is broader and incorporates advances in learning theory and curriculum design. The new program has been developed with the consideration of several guiding principles as well as key attributes of a BCIT BSN graduate.

I'm excited to be a faculty member of this program, where I can teach, mentor and guide my students. My primary responsibility is taking students to a mental health clinical setting for an eight-week rotation. It is very rewarding to help them see that their variety of experiences, knowledge and preconceptions can be molded and developed, and the assessment and caring skills I help them develop can be incorporated into many areas of nursing and utilized throughout their careers.

For more information, Jim would be happy to correspond with you via email at [jim\\_hunter@bcit.ca](mailto:jim_hunter@bcit.ca).

### **Jim Hunter, RN, MSN**

*Jim graduated from his nursing program in Edmonton in 1989, and his first job was at the Holy Cross Hospital in Calgary. After moving to Vancouver, he went to UBC for further education, and worked at St Paul's Hospital and Lions Gate Hospitals prior to working as an educator at BCIT in 2003. Having numerous roles in the nursing program at BCIT Jim's heart is with clinical teaching and patient care. He currently takes student groups for 8 weeks into an acute psychiatric setting during their mental health clinical rotation. Outside of work, Jim enjoys family, travel, playing bridge and nature. Jim is also a vice-chair for the CRNBC Inquiry Committee and a RNFBC Board Member.*

## Legacy Booklet continued

The intent in doing this is to both record the history of the Foundation and describe its purpose and serve as a communication tool that can be used in fundraising initiatives. Many of the people who were instrumental in creating the Foundation – members and donors – as well as those who have benefited from the bursary program will be interviewed in the process of writing the book.

Please help us by sharing your memories of the creation of RNFBC. We would also like to know why you were moved to donate to the Foundation and what impact receiving a bursary had on your education if you received one. You can do so by emailing Josh Coward at [jcoward@rnfbca.ca](mailto:jcoward@rnfbca.ca).

**Committee members:** Heather Mass, Irene Goldstone, Lynette Best, Judy Huska, Josh Coward



## THANK YOU SUSANNA!

RNFBC Staff and Volunteers want to thank Susanna Lee at our Pennyfarthing offices for being so helpful and such a wonderful person! We are very lucky and appreciative of Susanna. Congratulations on her first grandbaby, Elly!

## 2018 Calendar



**March 1**  
**Sunday, May 27**  
**September 15**  
**September 25**  
**October 11**  
**November 1**  
**December 10**  
**December 15**

Bursary online application process opens up  
RNFBC Nurses' Appreciation Brunch  
Bursary Application Closing Date  
RNFBC's Annual General Meeting  
Thanks 4 Giving Event  
2018 Winter Newsletter  
All 2018 bursaries awarded  
Update of Donor Listing

## 2<sup>nd</sup> Annual RNFBC Nurses Appreciation Brunch

**Sunday May 27, 11am to 2pm**  
**VanDusen Botanical Garden, Vancouver**

Tickets: \$35 (children under 6 no charge)

Deadline is May 20, 2018. Tickets are limited.

To sit with friends, purchase tickets in blocks of 4 or greater.

This is a family-friendly event. Come join us and be a part of a community of people who support and recognize the hard work and dedication to the nursing profession.

**To purchase tickets, call 604.739.1944 email [administrator@rnfbc.ca](mailto:administrator@rnfbc.ca) or online at [rnfbc.ca](http://rnfbc.ca)**



### MEMBERSHIP

The RNFBC has approved updates to its constitution and bylaws at our last special meeting of the board and members on January 29, 2018.

One of the most notable changes is the restricting of the RNFBC membership to a 'flat' membership with one category.

Being a member of the RNFBC is \$25, renewable each January and allows you to participate in RNFBC AGM to help set the course of RNFBC's future.

MEMBER: Suzanne Campbell, UBC School of Nursing

# THE FACES OF OUR BURSARY WINNERS

by Jennifer Davis, Administrative Officer

One of the many things I love about working at RNFBC are all aspects of our bursary program. We receive hundreds of applications from students and RNs in the hopes of securing a bursary to assist them in their educational endeavours. As I read each of these applications and the bursary recipient thank you letters, it is so gratifying to see that they come from all over the province and from such a diversified group of individuals from all walks of life, circumstances and backgrounds, each with their own unique story about reaching this time, each pursuing their nursing dreams even with the subsequent costs. The one thing they all have in common is their passion and dedication to nursing. Let me share some of those stories and you will totally understand!

## NADIFO ABDI



Nadifo was born and raised in Dadaab Refugee Camp in Kenya, the largest refugee camp in the world. She is the first in her family to attend university after receiving a scholarship through World University of Canada (WUSC) after graduating high school. In coming to Canada, she knows that she has a lot to give in helping the less privileged in the community. Besides her nursing studies, she is part of the local VIU-WUSC local committee volunteering to help sponsored students like herself. Volunteering at Canadian Blood Services in Nanaimo is her way to give back to the local community.

“It was not always an easy path for me because leaving my family back in the camp and moving this far was the hardest decision I have ever made in my life. I am facing all the challenges that come my way so that I can give myself and my family a better future tomorrow. Coming from a less advantaged community has not only offered financial and academic challenges but has also helped me realize the value of college education.”

**Attending:** Vancouver Island University, 2nd year in the BSN program

**Awarding Bursary:** Yvonne Andrews Memorial Bursary

## JEFF TURNER



In his ‘other life’ before nursing, Jeff was a well-paid Journeyman Machinist in Edmonton but felt his professional life lacked meaning and just didn’t feel right. So he and his family moved to Trail and was considering a job in law enforcement and took a security job at the local hospital as a segue into the RCMP. When he saw what nurses do on a day-to-day basis, he was hooked and switched gears and at age 40 enrolled in the nursing program at Selkirk. Jeff is married and his wife is also pursuing higher education and they have three children.

“I feel lucky that I am physically, emotionally and mentally able to challenge myself and return to school at this age, as others are not so fortunate. Returning to school as a mature student is not without its challenges with my most significant roadblock being my finances. It is with humble thanks and gratitude that I receive this bursary. This does not help one student, but helps a family of five to achieve their goals and dreams and I will endeavour to earn this.”

**School:** Selkirk College, 1st year in the BSN program

**Awarding Bursary:** Stoddart Estate Bursary

## LYDIA DOYON



Lydia has nursing in her blood being the third generation to enter the profession. She attributes her grandmother, her aunt and her mother for their influence and paving the path that she so eagerly has followed. The greatest influence has been that of her mother who Lydia describes as “strong, selfless and absolutely extraordinary”. It

was her greatest hope that she and her mother would be able to work together as a mother daughter duo but due to present circumstances, it does look as though that will happen. Although that is sad thought, Lydia is excited about all the nursing career options and sees herself in an emergency department or intensive care unit and plans to continue her education in certain specialities (tbd).

“Nursing gives meaning and joy to my life. I am so grateful for the path that I am on and for those who graciously aid in my journey. Your generosity leaves at a loss for words as I attempt to express how grateful I am to you.”

**School:** University of BC Okanagan, 2nd year in BSN program

**Awarding Bursary:** Vancouver General Hospital SON Alumnae Bursary

## IAN LUCKHURST



Ian’s journey to nursing educator at Selkirk College has been an interesting one. After graduation with distinction and three years in the U of A emergency, his interest was sparked

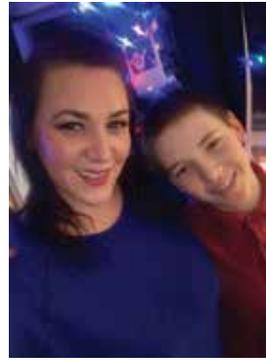
by the prospects of flight nursing and spent four years in Canada’s north as a critical care flight nurse based out of Yellowknife. When he and his wife later moved to Rossland, his focus shifted to critical care ground transport in the Kootenays which he describes as “an eye-opening experience that revealed the limited services available to rural BC communities”. In furthering his nursing knowledge, he chose his career path and found his new love – nursing education. Ian is an instructor at both Selkirk College and Mount Royal University and hopes to be part of creating a critical care post-graduate certificate program.

“I thank you sincerely for your support and encouragement. My schooling is a challenging endeavour when coupled with caring for two young children and attempting to remain a present father. It is amazing to discover that there are organizations that are so willing to support nurses and the development of nursing scholarships.”

**School:** Athabasca University, Masters in Nursing, 1st year

**Awarding Bursary:** Xi Eta Thau Bursary

## ROXANNE MARION



Roxy describes herself as “always have been a caring individual and passionate about people”. Her career vision at a younger age was to become a nurse, doctor or doula but as she grew older and in a well-paying job, her ideas of school went away. At age 32 she assisted her best friend in labour and helped

welcome her daughter to the world. It was at that moment that she knew she belonged in health care and knew that birth was a passion. She took her doula training and continues to work in the field but knew she wanted to fulfill another dream as well – nursing – and at 37, after a lot of hard work, was accepted into the nursing program. She admits she doesn’t know where her path will take her but knows it will include doing her Masters. Roxy is a single mum and her greatest pride is her son, Cuchulain.

“My thanks are beyond words that I cannot even put it on paper. I am really inspired to hear the history of the Willetts and how this bursary came to be and Mrs. Willett’s dedication to healthcare and her passion for helping others. I feel that I can relate wholeheartedly. When I put my scrubs on for clinical, I feel at home and I know I am where I am meant to be.”

**School:** College of New Caledonia, 1st year in the BSN program

**Awarding Bursary:** Frederick and Elizabeth Willett Estate Bursary

Thank you to everyone for letting us tell their story. I hope you have enjoyed reading them and if you would like to read more, a number of other bursary winners will be featured on the *Our Stories* section of our website at [www.rnfbc.ca](http://www.rnfbc.ca).

## Light-a-Lamp for Knowledge Initiative update

On behalf of the RNFBC, thank you for your donations made to the RNFBC Light-A-Lamp for Knowledge Initiative. With your help, \$160,000 has been raised towards our \$250,000 three-year goal. When our goal is reached, with your support, we will have raised enough funds to award six more bursaries.

We will be recognizing gifts made during the Light-A-Lamp for Knowledge Initiative (January 1, 2017 to December 31, 2019). Please review the Donor Listing for more information or visit our website at [rnfbc.ca](http://rnfbc.ca) or contact Josh Coward at [jcoward@rnfbc.ca](mailto:jcoward@rnfbc.ca) for more information.

When you make a gift, your donation helps grow our portfolio and a portion of the interest is awarded in bursaries. Gifts made today towards bursaries, will continue to give in perpetuity. Every gift made increases the funds we can award. The Light-A-Lamp for Knowledge Donor Listing works the same way: as you continue to give more, your recognition increases with associated benefits.

### Categories

**Friends of RNFBC** (\$25+), **RNFBC Believers** (\$100+), **RNFBC Sustainers** (\$300+), **Nurses' Circle** (\$500+), **Patrons' Circle** (\$1,000+), **Lifetime Patron** (\$2,500+), **RNFBC Guardian** (\$5,000+), **Good Samaritan** (\$10,000+), **Nightingale Circle** (\$25,000+), **Honorary Director** (\$50,000+), **Benefactor** (\$75,000+); and **Legacy Circle** (\$100,000+). To view benefits, please visit our website at [rnfbc.ca](http://rnfbc.ca).

### New Bursary!

The Patricia Wadsworth Graduate Bursary in Nursing and Health Care Leadership/Administration was approved in October 2017 and is to be awarded to a student enrolled in a program of graduate studies leading to a Masters' or Doctoral Degree with an emphasis on Nursing and Health Care Leadership/Administration.

In a combined effort with the Wadsworth family and RNFBC, we hope to raise the \$25,000 principal to award this bursary in time for our 40th year anniversary in 2019. To date we have raised approximately \$7,000 towards this goal. Please help us reach our goal. Donations can be made on our website at [rnfbc.ca](http://rnfbc.ca).

## OUR TEAM

### RNFBC Board of Directors

Fiona Karmali (President)  
Heather Mass (Past President)  
Ginger Brown (Chair, Bursary Committee)  
Sharon Toohey (Chair, Finance & Audit)  
Jim Hunter  
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Heather Straight  
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Lauren Tindall

### Investment Portfolio Representative

Mani Mohtadi

### RNFBC Staff

Jennifer Davis  
Administration Officer  
  
Josh Coward  
Fundraising and Donor Relations Manager

Charity Tax Number: 119114544RR0001



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## Light-a-Lamp for Knowledge Donor Listing

(Gifts received between January 1 and December 31, 2017)

The Registered Nurses Foundation of BC (RNFBC) would like to thank the following supporters for their donation to the RNFBC as part of the Light-a-Lamp for Knowledge initiative that will run from 2017 to 2019 with a goal to raise \$250,000. This listing reflects gifts received between January 1, 2017 and December 31, 2017.

The RNFBC was established in 1979 to advance excellence in nursing education. An endowment fund was set up and a bursary program created for BC nursing students that has grown to \$5 million from donor contributions. Funds raised in the Light-A-Lamp for Knowledge initiative will help grow our endowment fund.

Thank you for your contribution to advancing nursing excellence through education!

**Friends of RNFBC (\$25 – \$99)** Lorraine Brooker • Ginger Brown • Suzanne Hetzel Campbell • Jean Carne • Mary Christopher • Mara Coward • Douglas Dutkewich • Frankie Elder • Emma Garrod • Bill Gruenthall • Gillian Harwood • Brenda Horwood • Jim Hunter • Judith Lynn Huska • Christopher Hyland • Claire Kermacks • Elizabeth Kirkwood • Susan Le Page • Casseda Parsons • Jack & Marilyn Pomfret • Janene Preston • Josie Robertson • Crystal Roche • Marilyn Rodford • Elizabeth Saewyc • Bill Shields • Margaret Shugg • Heather Straight • Reagan Szeto • Lauren Tindall • Veryl Tipliski • Margaret Walwyn • Erika Werner • Margaret Wilson • Shirley Zemrau

**RNFBC Believers (\$100 – \$299)** Kathleen Addison • Myrla Amper • Lynette Best • Gary Bickell • Agnes Black • Geertje Boschma • Sheila Brew • Scott Brooker • Sandi Bruce • Jane Bryans • John D. Coward • Pat Cutshall • Cheryl Davies • Shirley Farrell • John & Darlene Forrester • Johanne Fort • Mary-Lyn Fyfe • Sonya Grympa • Kris Gustavson • Sherry Hamilton • Patricia Hudson • Cheryl Isaak • Jacques & Diana Thiriar • Fiona Karmali • Betty Karray • Andy Kwok • Kyle LaRocque • Jean & Fay Magne • Debra Mayer • John Meissner • Grace Mickelson • Anita Mountjoy • Verlon Otto • Donald Ransom • Linda Jean Reid • Joanne Ricci • Richard & Carol Brown • Etta Richmond • Ronald & Lucille White • Barbara Laurel Smyth • St. Joseph's Alumnae • Alison Swalwell-Franks • Barbara Tabata • Beverley Tecklenborg • Nora Whyte • Anne Williams • Richard Woo • Mary-Ann Wythe • Fred Yada • Ken Yada • Joan Young

**RNFBC Sustainer (\$300 – \$499)** Josh Coward • Alida Fernhout • Karim Karmali • Kathy Murphy • Karen Ryall • In Memory of Barbara Boyle\*

**Nurses' Circle (\$500 – \$999)** Tilly Bara • Grace Boudreau • Bernice Budz • Esther Christpher • Jennifer Davis • Anne Earthy • Heather Mass • McLaren Trefanenkeno Inc. • Mani Mohtadi • Pacific Honda • Pamela Ratner • Sally Thorne • Tompkins, Wozny, Miller & Co. • Linda Von Tettenborn

**Patrons' Circle (\$1,000 – \$2,499)** Estate of Margaret Beck • Sharon Toohey • Richard Alexander Wadsworth • Robert Wadsworth

**RNFBC Guardian (\$5,000 – \$9,999)** In Memory of Patricia Wadsworth\*

**Nightingale Circle (\$24,999+)** Anonymous

**Legacy Circle (\$100,000+)** Ruth McIlraith Memorial Bursary (Estate of Clara Fern Irwin)

**\*In Memory of Contributions:** In Memory of Barbara Boyle: Anne Earthy • In Memory of Patricia Wadsworth: Kathleen Addison • Estate of Margaret Beck • Lynette Best • Gary Bickell • Jane Bryans • Mary Christopher • Joshu Coward • Pat Cutshall • Douglas Dutkewich • Shirley Farrell • John & Darlene Forrester • Patricia Hudson • Christopher Hyland • Claire Kermacks • Elizabeth Kirkwood • Susan Le Page • Jean & Fay Magne • Heather Mass • John Meissner • Anita Mountjoy • Kathy Murphy • Verlon Otto • Jack & Marilyn Pomfret • Janene Preston • Donald Ransom • Richard & Carol Brown • Etta Richmond • Barbara Laurel Smyth • Richard Alexander Wadsworth • Robert Wadsworth • Margaret Walwyn • Nora Whyte • Anne Williams • Richard Woo • Joan Young

We apologize in advance if your name has been omitted. This is still considered a draft and can be updated. Please contact Josh Coward at [jccoward@rnfbcc.ca](mailto:jccoward@rnfbcc.ca).

### NOTES

- This is a draft list which will be presented publicly on our website starting March 2018. It will be updated twice a year in March and November. It will run until December 31, 2019 and may be continued.
- As you make additional gifts, your level can increase.
- Gifts made In Memory are recognized, including the names of their contributors, if the total of contributions total more than \$300 made in that year. These are listed in the In memory section.
- If you wish to contribute anonymously, please contact Josh Coward ([jccoward@rnfbcc.ca](mailto:jccoward@rnfbcc.ca)) at the RNFBC offices.



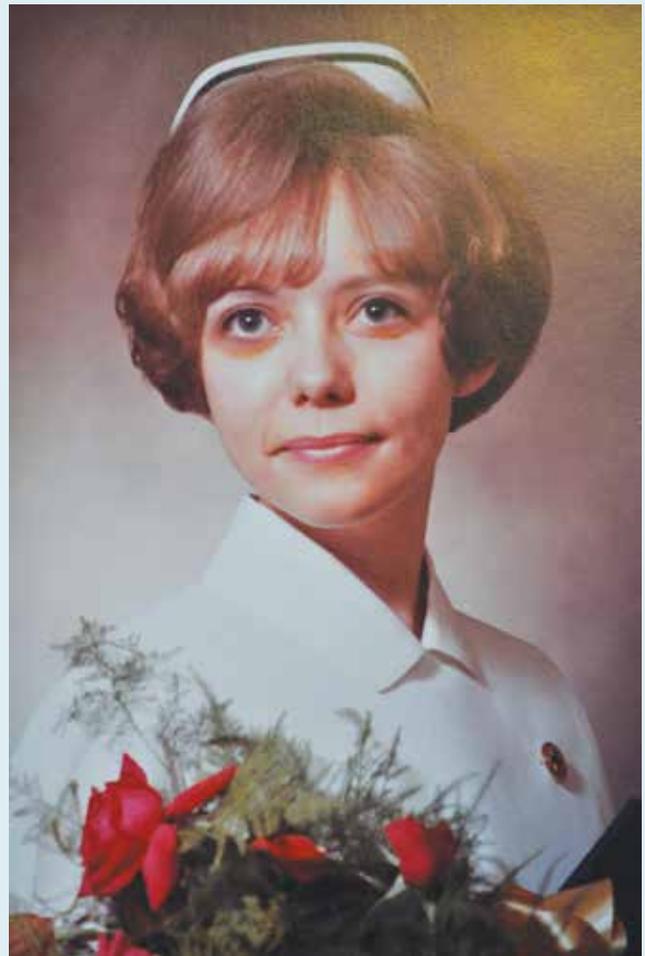
## RNFBC Community Partners Program

This year we have some new Community Partners. Paige Kraft and Jennifer Gibb-Carsley and their father, Dennis Kraft, donate to help fund the operations and activities of the RNFBC and help the RNFBC build profile in the community. The Kraft family makes this contribution in memory of Carla Kraft, a well-respected nurse and beloved mother and wife. Carla's spirit was expressed well by her friend as follows:

*I was asked to say a few words about my dear friend Carla and panicked at not saying enough. Then I heard her voice in my head, and how she used to inspire and encourage me rushed right back. "Cass", she would have said, "What you can do, or think you can, begin it: Boldness has genius, power, and magic in it". Carla truly believed all people could achieve their greatness. She knew a little about everyone. From the cleaning crews, to security to her very own staff, she always had quiet words of encouragement. It was not uncommon to see her helping younger nurses navigate their new careers, or advising more senior nurses how to advance their position through education. Carla was very passionate about learning and often said "once you stop learning, you stop living". Because of her inspiration, I found the courage to begin my journey. Hopefully on my path I can provide some of that same inspiration to another. Through that, maybe a little of Carla's passion will live on.*

The RNFBC has many named bursaries set up in memory of loved ones. These gifts leave a legacy of the person they are named after and make a real difference in the education of nurses and future nurses.

If you would like to make an In Memory gift (recent or past) or find out how to set up a named bursary in the name of someone close to you, please contact Josh Coward at [jcoward@rnfbcc.ca](mailto:jcoward@rnfbcc.ca) to discuss all the details.



**In memory of Carla Anne Kraft (née Wilson), RN, BN (September 2, 1948 – December 3, 2013)**